Cataplex® E₂

3850 & 3855

Cataplex E₂ Combines Vitamin E With Selenium to Provide Powerful Antioxidant Protection

Large bodies of animal and human research strongly suggest the need to increase antioxidants in our daily diet. Vitamin E and selenium are powerful antioxidants that support tissues throughout the body, and together, help the health of several organs like the heart, lungs, and liver. Some vitamins provide greater benefit for the body when they partner with other vitamins and minerals. Vitamin E is one such vitamin that works synergistically with selenium, a trace mineral. While each substance stands fully capable of quenching harmful free radicals on its own, research strongly suggests that their combined efforts yield even greater health benefits. Both vitamin E and selenium share the primary responsibility of preventing lipid oxidation. Together, they also enhance immune function by reducing free radicals and by assisting in antibody production. Selenium intensifies vitamin E absorption, thereby increasing their combined influence on maintaining cellular health.†



Provides strong antioxidant defense

The free radicals generated by the body in response to exposure to various stresses are important to the immune arsenal. However, when free radicals are generated in excess, they can cause severe damage to normal tissues and healthy cells. Antioxidants are substances that neutralize free radicals by attaching to their free electrons. By inhibiting excessive free radical proliferation, antioxidants like selenium and vitamin E help detoxify and protect the body from free radical damage.†

Maintains cellular health

Vitamin E promotes healthy cellular membranes by helping to prevent oxidation of their protective coating. Selenium, in addition to its primary role as a strong antioxidant, seems to play an additional role in boosting DNA repair mechanisms, while at the same time, slowing down the rate of cell mitosis.†

Enhances immune function

The chain of events caused by unchecked free radical generation leads to miss-coding of genetic information. Even a small change in protein structure within the cells can cause the immune system to identify those cells as foreign objects and attack them in an attempt to destroy these mutated structures. This breakdown in cellular communication weakens the immune system. Selenium and vitamin E help protect the immune system.†



Introduced in: 1949

Content:

90 Tablets - 3850 360 Tablets - 3855

Supplement Facts:

Serving Size: 2 tablets Servings per Container: 45 or 180

		%DV
Calories	3	
Vitamin E	4 IU	15%
Selenium	9 mcg	10%

lataplex E₂ 3850 & 385



Cataplex[®] E₂

What Makes Cataplex E₂ Unique

Unique Product Attributes

Vitamin E₂ is a specific fraction of the vitamin E complex

· A natural phospholipid concentrate only found associated with the chromatin in

Multiple nutrients from a variety of plant and animal sources

- · Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- · Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect+

Unique Processing

Exclusive low-temperature, high-vacuum drying technique

· Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

• The nutrients in Cataplex E2 are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

· Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

· Assures high-quality essential nutrients are delivered

Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Proprietary Blend: Bovine orchic extract, calcium lactate, Tillandsia usneoides, bovine spleen, ovine spleen, inositol, bovine adrenal Cytosol™ extract, oat flour, and ascorbic acid.

Other Ingredients: Honey, arabic gum, selenium yeast, mixed tocopherols (soy), and calcium stearate.

Suggested Use: Two tablets per meal, or as directed.

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex $^{\circ}$ E_2

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